



START THE CONVERSATION

A Family Conversation Guide

AFTER FOREVER

Questions to help you talk about preparation, wishes, and legacy with the people you love.



Don't try to answer everything today. Choose three questions.

1

ADULT CHILDREN → AGING PARENTS



- If something happened and you couldn't speak for yourself, who would you want making decisions for you?
- Do you have a will, trust, Power of Attorney, or other important documents, and does someone know where they are located?
- Are there bills, accounts, memberships, or responsibilities someone will need to take over?
- Which professionals should we contact—physician, attorney, financial advisor, insurance agent, funeral home, etc.?
- What are your wishes if your health changes significantly?
- Are there things you definitely would or would not want?

2

START HERE.

AGING PARENTS → ADULT CHILDREN



- I want you to know where my important documents are. Can we go through it together?
- If I needed help managing things someday, what would you feel comfortable helping me with?
- Do you know who I have selected to make healthcare and financial decisions if I cannot?
- Are there decisions that would be difficult for you to make without my guidance? If so, how can I better prepare you?
- Do you know who to contact if something happens to me?
- What information would help you feel more prepared?

3

SPOUSE → SPOUSE/PARTNER



- If something happened to me tomorrow, would you know where everything is?
- Could you access our bank, insurance, mortgage, online and other important accounts?
- Do we both understand our insurance coverage and beneficiaries?
- Have we talked about what each of us wants for our final arrangements?
- What household duties may one of us manage that the other may not know how to manage?
- Who would we want helping the surviving spouse make difficult decisions?
- Do we know each other's healthcare wishes?

4

PARENTS →
YOUNG ADULT/
ADULT CHILDREN



- Do you know who to call if something happens to me?
- Do you know where our family's important documents are kept?
- Do you know what insurance coverage I have?
- Do you understand who would be responsible for certain family matters?
- Are there family stories, traditions, recipes, photographs, or other memories we want to preserve?
- If you had to make a difficult decision for me, what information would you want me to give you now?
- Is there anything about our family finances or planning that you think you should understand better?

**BEFORE
YOU
START**



Choose a

Comfortable Time
Choose a time when everyone is relaxed and free from distractions.



**Lead with Love,
Not Fear**

Let your loved ones know this is about caring for each other and bringing peace of mind.



**Listen More
Than You Talk**

Listen with patience and compassion. The conversation is just as important as the plan.

5

FAMILY →
EVERYONE
TOGETHER



- Who should be contacted first during an emergency?
- Where is our important family information located, and does everyone who needs it know how to access it?
- What can we do as a family to feel more prepared?
- Who has been designated to make healthcare and financial decisions?
- What responsibilities will different family members have?
- Are there wishes everyone should understand now?
- What family traditions are important for us to continue?
- What questions have we avoided because they felt uncomfortable?
- Are there family stories, traditions, recipes, photographs, or other memories we want to preserve?
- What stories haven't we documented?

The conversation is the beginning. Preparation is what comes next. Because love deserves a plan.



After Forever

PREPARING FAMILIES.
PRESERVING LEGACIES.
EDUCATING COMMUNITIES.



210-361-5345



admin@after-forever.com



www.after-forever.com